

PARTICIPANT WAIVER AND PUBLICITY RELEASE

Football Northwest LLC d/b/a Seattle Seahawks ("FNW") is pleased to host the Seahawks Flag Football Experience ("Event") on June 10, 2023 at the Virginia Mason Athletic Center, located at 12 Seahawks Way, Renton, WA 98056. The Event will include, but may not be limited to, the opportunity for participants to participate in flag football activities.

BY PARTICIPATING IN AND/OR ALLOWING HIS/HER CHILD TO PARTICIPATE IN THE EVENT, THE UNDERSIGNED (ON BEHALF OF HIM/HERSELF AND/OR ANY CHILDREN UNDER HIS/HER AUTHORITY, HEREAFTER COLLECTIVELY REFERRED TO AS "PARTICIPANT"):

- i. Hereby expressly acknowledges and agrees that participating in the Event is voluntary and may involve risk of bodily harm, illness, exposure to COVID-19 or its variants, injury, and/or death (collectively, "Harm") to the Participant;
- ii. Releases and agrees not to bring any lawsuits nor make any demands nor pursue any complaints against FNW, the National Football League ("NFL"), and each of their respective successors, assignees or legal representatives, and any owners, affiliates, officers, members, partners or shareholders (whether direct or indirect), subsidiaries, employees, agents, or any of the foregoing (the "Released Parties") as a result of participation in the Event, wherever, whenever or however the same may occur;
- iii. Agrees to fully indemnify and save and hold harmless the Released Parties from any causes of action, suits, injuries, damages, losses, costs, expenses, or liabilities arising from or relating in any manner to Participant's participation in the Event, whether caused by the negligence of any or all of Released Parties, or otherwise;
- iv. Assumes full responsibility and risk for Harm to Participant due to the negligence of the Released Parties or otherwise while attending, observing, volunteering at, or for any purpose participating in the Event;
- v. Certifies that Participant is in good health and able to participate in the Event;
- vi. Understands that it is FNW's policy not to dispense medication to Event participants;
- vii. Authorizes, but does not expect, Event staff to attend to any emergency health problems or injuries that Participant may incur while attending the Event and acknowledges that he/she is solely responsible for any and all medical expenses due to Harm;
- viii. Understands that this document is intended to be as broad and inclusive as permitted by the laws of Washington state and agrees that if any portion of this agreement is invalid, the remainder will continue in full legal force and effect;
- ix. Agrees that any legal proceeding related to this waiver would take place in Washington state:
- x. Acknowledges that Participant may be photographed, filmed, and/or otherwise recorded (collectively, the "Recording") during the Event, and hereby consents to such Recording; and
- xi. Grants to FNW, the NFL, and their respective sublicensees (collectively, the "Licensed Parties"), an irrevocable, royalty-free, fully paid-up worldwide right and license to use the name, image, likeness, voice, biographical information, persona, and any other identifying characteristics of Participant (collectively, the "Publicity Rights") captured, gathered, or provided in connection with the Event, including any Recording, and to create derivative works thereof, in each case, for any purpose and in any media or forum now existing or hereafter developed. Without limiting the generality of the foregoing, Participant acknowledges and agrees that the license to Publicity Rights granted hereunder may be exploited and/or sublicensed by any of the Licensed Parties for commercial, marketing, and promotional purposes.

I have read the above PARTICIPANT WAIVER AND PUBLICITY RELEASE and fully understand and agree to the terms and conditions on behalf of myself and/or my child. By signing this form, I certify that I am over the age of 18, am the parent or legal guardian of the Participant noted below (if applicable), and acknowledge that I am giving up legal rights and remedies that may be available to me and/or my child for the actions and negligence of the Released Parties and/or Licensed Parties.	
Name of Participant (please print)	
Signature of Participant OR Parent/Legal Guardian (if Participant is under 18)	Date